

Need to talk?

You can talk to any adult in school (or any other adult that you trust) if you need to, we will ALWAYS be there for you— just tell us!

Alternatively, you could also talk to Childline:



Or one of your School Councillors who are always happy to help!

Learn Together Through Reflection

The Mease Spencer Academy



Keeping Children Safe in our Academy A Guide for Children

The Mease Spencer Academy wants a happy and safe environment for all of our children to learn. This leaflet will help you to understand how to keep safe and it will help you to decide what could be a problem and where to get help and support.

There are lots of ways to stay safe and all of the grown-ups in our school know how to keep you safe too. It is really important to talk to a trusted adult or a friend who you can rely on if you have any worries.



Learn Together Through Reflection

Attendance—Our attendance is very important! We should come to school every single day unless we are very poorly. If we don't come to school regularly, we will find it hard to learn.



Behaviour —The Mease has clear behaviour rules for the whole school community that must be followed to keep everyone safe and happy.

Bullying —We use the word STOP (Several Times on Purpose) to recognize bullying. If you, or anyone you know, is bullied, you must tell a trusted grown up.



Health and Safety—Everyone

at The Mease has a responsibility to keep each other safe. If we see anyone without a visitor badge, politely ask who they are or point them out to an adult. If we see any dangers around school, we should tell a grown up too!

On-line safety - We have an on-line safety week every February where we learn how to stay safe on-line. If you read anything on line that isn't really for children or for you, tell an adult straight away.



The four main areas that we learn about are:

Physical Abuse —hitting, smacking, shaking, throwing, burning, biting, etc.



Sexual Abuse —touching you on a part of your body like your bottom, chest or anywhere you don't like or making you watch inappropriate things or act in an inappropriate way.

Emotional—This means when someone upsets you or makes you feel bad. If someone in your family says horrible things to you and makes you feel sad or useless.



Neglect—This means things like not providing meals or warmth or clothing or perhaps not taking you to the doctors when you are ill.

There may be lots of reasons why children are neglected and it is really important that we know so we can help.